

Table of Contents

Introduction	1
The Four Areas	
The Prepared Environment	
Montessori Philosophy Overview	2
Maria Montessori’s Guidelines for Lessons	3
The Three Period Lesson	
How to Use this Book	4
The Practical Life Area (overview)	5
Grace & Courtesy Lessons (P)	6
The Peace Table (P)	10
Walking on the Line (P)	12
The Silence Game (P)	13
Practical Life Work (P)	14
Sensorial Work (S)	53
Math Work (M)	73
Language Work (L)	102
Pre-Geography Work (The Body) (G)	123
Geography Work (G)	124
Biomes Work	133
Geology Work (G)	132
Science Work (SCI).	134
Botany Work (B)	140
Zoology Work	142
Time Work (T)	143
The Five Great Lessons	146
Time Lines / History	148
Art Cards (A)	150
Celebration of Life	152
Recommended Books	154
Sources for Montessori Materials and Lessons	155
Montessori Resources and Training Centers	155
List of Most Essential Montessori Materials	156
Using the Guides with Ages 3 to 6	157
Using the Guides with Ages 6 to 12	158
Explode the Code	161
Order form	163